

# A HANDLING EVALUATION OF A LOW-SHRINK COMPOSITE RESTORATIVE BY PRACTITIONERS

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## INTRODUCTION

- ▶ In 1993 the UK-wide PREP (Product Research and Evaluation by Practitioners) Panel was established. To date over 40 evaluations and clinical trials have been completed and the results published.

## MATERIAL

- ▶ Filtek™ Silorane and Silorane System Self-etch Primer and Bond, is a posterior composite (PC) system with a polymerisation volumetric shrinkage of less than 1% (3M™ ESPE™, Seefeld, Germany).

## METHOD

- ▶ Packs of the new PC (in 4 shades) to use for 10 weeks, plus a questionnaire (designed to evaluate their current PC usage, and the presentation, instructions, handling, aesthetic quality and post-operative sensitivity of the new PC) were sent to 15 practitioners. Most responses to the questionnaire were given on a visual analogue scale (V A S).
- ▶ Two of the practitioners were female and the average time since graduation was 22 yrs

## BACKGROUND INFORMATION

- ▶ All the evaluators normally placed PC restorations, typically with the weekly frequency as indicated in the table below:

No. Restorations	No. Evaluators
<5	2
5-10	8
>10	5

- ▶ The principal reasons for the choice of PC system were good aesthetics, ease of use and wear resistance, with the majority (93%) using compule presentation.
- ▶ The evaluators rated the pre-study PC system for **ease of use** by a VAS (where 1= difficult and 5= easy) as follows:



- ▶ The evaluators rated the pre-study PC for **aesthetic quality** by a VAS (where 1= poor and 5 = excellent) as follows:



- ▶ All the evaluators were aware of the advantages of a minimal shrink composite restorative but just 5 (33%) knew the percentage shrinkage of their current PC.

- ▶ The evaluators rated the pre-study **dentine bonding system** for **ease of use** by a VAS (where 1= difficult and 5 = easy) as follows:



## EVALUATION OF FILTEK SILORANE

- ▶ The **presentation** of the material and the **instructions guide** were rated (on a VAS where 1= poor and 5 = excellent) as follows:

### a) Presentation



### b) Instruction guide



- ▶ 266 restorations (47% Class I, 35% Class II and 18% MOD) were placed in this evaluation.
- ▶ The evaluators rated Filtek Silorane for **ease of use** by a VAS (where 1= difficult to use and 5= easy to use) as follows:



- ▶ The evaluators rated Filtek Silorane for **aesthetic quality** by a VAS (where 1= poor and 5 = excellent) as follows:



- ▶ The evaluators rated the Silorane System Self-etch Primer & Bond for **ease of use** by a VAS (where 1= difficult and 5 = easy) as follows:



- ▶ Post-operative sensitivity was reported in 2 cases (0.7%).

- ▶ 73% (n=11) of the evaluators would recommend the Filtek Silorane system to colleagues and 67% (n=10) would purchase the system if available at average cost.

## CONCLUSION

**Ease of handling may be considered helpful to achieving good results This new low-shrink PC system received high ratings when evaluated by 15 UK general practitioners.**

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